

Dear Business Owner,

I'm a customer of yours and would like to share some health information regarding mandating masks for your employees and customers. I understand that you are doing the best you can with the information you have, and you were told that you had to mandate masks in order to stay open. You may not be aware however, that you are putting your employees and customer's health in danger by mandating masks.

The most important reason to stop mandating masks is that they reduce the flow of oxygen, which is an immediate danger to life and health! Human beings must breathe oxygen to survive. According to OSHA, humans begin to suffer adverse health effects when the oxygen level of the air they're breathing drops below 19.5%. An oxygen level Less than 19.5% is a violation of OSHA regulations. In some cases, the effects, like brain damage, are irreversible. It is very dangerous to be operating machinery, driving or doing labor while wearing a mask.

Restricting the flow of oxygen stresses the body, which increases heart rate and suppresses the immune system. Masks also cause the inhalation of high levels of carbon dioxide (CO₂), which can be **life threatening**. Hypercapnia (carbon dioxide displacement toxicity) can also cause headache, vertigo, double vision, inability to concentrate, tinnitus (hearing a noise, like a ringing or buzzing, that's not caused by an outside source), seizures, or suffocation due to of air.

Masks were not designed to be worn all day long by the general public. People don't wear them correctly. They are constantly touching their faces, taking them off and on, and wearing the same one for days, increasing the spread of infection. The Covid-19 virus particle size average is .125 microns. The N95 mask only filters particles .3 microns, blocking few, if any microns. Other surgical and homemade cloth masks and kerchiefs block even less. All masks become warm and damp as they are worn, creating the perfect environment for cultivating germs and bacteria that get embedded in it. Wearing masks for hours at a time can cause pleurisy, an infection of the outside lining of the lungs.

Some people have health conditions preventing them from wearing masks. It is especially dangerous for the elderly to wear masks and children under the age of 2 should NEVER wear a mask.

In addition to all these health dangers, masks interfere with human communications, especially for the hearing impaired. Masks make it difficult to identify those around you, which is a security threat, and masks are anxiety inducing, especially for children.

There is ZERO conclusive evidence provided by the CDC that supports effectiveness of healthy or “asymptomatic” individuals wearing a mask to prevent the spread of illness. Some people view this mask mandate as a sign of submission and a symbol of taking away our freedom of speech and see it as dehumanizing. It is also a violation of our civil rights, and above all is physically and psychologically harmful to humans.

There is no law that requires wearing a mask. Directives, recommendations, or governor announced mandates do not qualify as laws. Governors do not have the legal authority to create laws, only legislatures introduce and pass laws, according to our Constitution.

It is important for ALL PEOPLE to be fully informed of the health and safety dangers of wearing masks, so that they are able to make wise health decisions, rather than blindly following arbitrary and capricious government orders. I hope you’ll take the time to visit the links provided below and do your own research. I am sharing this information with other business owners and with as many People as I can, and hope You will too.

Thank You.

Sources:

1. OSHA Occupational Safety and Health Standards:

https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_id=12716&p_table=STANDARDS

Oxygen Mask Test:

<https://www.youtube.com/watch?v=D76jbLsf0&feature=youtu.be>

2. Masks may increase the risk of coronavirus infection. The virus can get trapped in the material and cause infection when the wearer breathes in.

<https://www.news-medical.net/news/20200315/Wearing-masks-may-increaseyour-risk-of-coronavirus-infection- expert-says.aspx>

3. According to Russell Blaylock, MD, By wearing a mask, the exhaled viruses will not be able to escape and will concentrate in the nasal passages, enter the olfactory nerves and travel into the brain. <https://www.technocracy.news/blaylock-face-masks-pose-serious-risks-to-thehealthy/>

4. The Risks vs. Benefits of Face Masks- Is There an Agenda? This source contains many source references: <https://childrenshealthdefense.org/news/the-risks-vs-bene%EF%AC%81ts-of-face-masks-isthere-an-agenda/>

5. Neurosurgeon Expresses Concerns Over Wearing Masks [Correction] <https://pjmedia.com/news-and-politics/megan-fox/2020/05/14/neurosurgeonsays-face-masks-pose-serious-risk-to- healthy-people-n392431>

6. A cluster randomized trial of cloth masks compared with medical masks in healthcare workers: <https://bmjopen.bmj.com/content/5/4/e006577>

7. CDC Mask Deception- The Healthy American, Peggy Hall https://www.youtube.com/watch?v=OUUOq1ksiQQ&feature=emb_logo

8. 'Masks Are Symbolic,' say Dr Fauci and The New England Journal of Medicine <https://www.thegatewaypundit.com/2020/05/masks-symbolic-say-dr-faucinew-england-journal-medicine/>

PSA:

This is Hypercapnia. It can be caused by rebreathing your own exhaled CO₂ by wearing a mask continually.

Main symptoms of Carbon dioxide toxicity

